

**ALL ATNIP SCHOOL ITEMS - 250 CAL MAX UNTIL JULY. 200 CALORIE MAX AFTER JULY**  
Items listed meet 35-10-35 Standards



**STARTING JULY  
1, 2014,**  
Any Food Sold in Schools Must:

- Be a "whole grain-rich" grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber).\*
- Calorie limits:
  - Snack items: ≤ 200 calories
  - Entrée items: ≤ 350 calories
- Sodium limits:
  - Snack items: ≤ 230 mg
  - Entrée items: ≤ 480 mg
- Fat limits:
  - Total fat: ≤35% of calories
  - Saturated fat: < 10% of calories
  - Trans fat: zero grams
- Sugar limit:
  - ≤ 35% of weight from total sugars in foods



*It is important to note that although all items may not meet new school requirements, they ALL meet the 35/10/35 standards and are considered Healthy Snacks and Beverages great for Colleges, Healthy Accounts and More!*

Item #	Manufacturer	Item Name	Pack Size	Total Grams	Total Calories Max July 1, 2014 =200	Total Calories from Fat	Total Fat (g)	% Fat in cal. Max=35 %	Total Sat. Fat (g)	% Sat. Fat in cal. Max=10 %	Total Sugar (g)	% Sugar by wt Max=35 %	Total Sodium (mg) Snacks ≤ 230 Entrees ≤ 350	Total Fiber (g)	2014/2015 K12 Approval & Reason
22503	Au*Some*	Sour Nuggets Orange*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
22506	Au*Some*	Sour Nuggets Strawberry*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
22507	Au*Some*	Sour Nuggets Blueberry*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
22602	Au*Some*	Nuggets Orange*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
22605	Au*Some*	Nuggets Strawberry*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
22606	Au*Some*	Nuggets Blueberry*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
28253	Au*Some*	Nuggets Green Apple*	0.6oz	17	50	0	0	0%	0	0%	10	59%	10	0	
50011	Biscomerica	Whole Grain Basil's Choc. Chip Mini Bites NTF	1.5oz	43	160	35	3.5	22%	1.5	8%	14	33%	50	2	Whole Grain
20012	Biscomerica	Whole Grain Animal Snackers NTF	1oz	28	110	30	3.5	27%	0	0%	7	25%	45	1	Whole Grain
20006	Biscomerica	Whole Grain Chocolate Animal Snackers NTF	1oz	28	120	30	3.5	25%	0	0%	7	25%	45	<1	Whole Grain
20044	Biscomerica	Whole Grain Cinnamon Toast Bites NTF	1oz	28	110	30	3.5	27%	0	0%	6	21%	50	1	Whole Grain
20020	Biscomerica	Whole Grain Mini Chocolate Chip Cookies NTF	1oz	31	120	25	2.5	21%	1	8%	10	32%	35	1	Whole Grain
54115	Buzz Strong	NEW Whole Grain Mint Chocolate Chip Cookie	1.5oz	43	180	45	5	25%	1.5	8%	15	35%	120	1	Whole Grain
54119	Buzz Strong	Whole Grain Chocolate Chip Cookie	1.5oz	43	150	40	4	27%	1	6%	11	26%	140	4	Whole Grain
34119	Buzz Strong	Chocolate Chip Cookie	2oz	57	190	50	6	26%	2	9%	14	25%	200	4	Fiber
34118	Buzz Strong	Peanut Butter Cookie	2oz	57	200	60	6	30%	1.5	7%	14	25%	190	4	Fiber
160004	Clif Bar	Chocolate Chip	2.4oz	68	230	40	4.5	17%	1.5	6%	23	34%	150	4	
160009	Clif Bar	Chocolate Chip Peanut Crunch	2.4oz	68	240	60	7	25%	1.5	6%	21	31%	200	4	
160008	Clif Bar	Crunchy Peanut Butter	2.4oz	68	240	60	6	25%	1	4%	21	31%	240	4	
160006	Clif Bar	Chocolate Brownie	2.4oz	68	240	40	5	17%	1.5	6%	22	32%	150	5	
161003	Clif Bar	Oatmeal Raisin Walnut	2.4oz	68	240	45	5	19%	1	4%	20	29%	130	5	
66134	NEW Clif MOJO	NEW Clif MOJO Fruit and Nut Bar Cranberry Almond	1.41oz	40	180	90	10	15%	1	5%	13	33%	110	4	
66133	NEW Clif MOJO	NEW Clif MOJO Fruit and Nut Bar Wild Blueberry	1.41oz	40	160	70	8	12%	1	5%	12	30%	110	4	
66334	NEW Clif MOJO	NEW Clif MOJO Fruit and Nut Bar Cherry Almond	1.41oz	40	180	80	9	14%	2.5	13%	11	28%	120	4	
270001	Clif LUNA	Blueberry Bliss	1.69oz	48	180	45	5	25%	2	10%	13	27%	115	3	Calcium,A,E,C
270003	Clif LUNA	Vanilla Almond	1.69oz	48	190	60	6	32%	2	9%	11	23%	210	3	Calcium,A,E,C
210063	Clif LUNA	Iced Oatmeal Raisin	1.69oz	48	180	45	5	25%	2	10%	13	27%	150	3	Calcium,A,E,C
210009	Clif LUNA	Toasted Nuts 'n Cranberry	1.69oz	48	170	40	4.5	24%	0.5	3%	11	23%	180	3	Calcium,A,E,C
210061	Clif LUNA	Peanut Butter Cookie	1.69oz	48	180	50	6	28%	2	10%	11	23%	150	4	
	Clif Zfruit*	Fruit Rope: #1Strawberry #2Grape #3MixedBry #4FruitPnch	.7oz	20	70	0	0	0%	0	0%	15	75%	5	1	Fruit/Exempt
191100	Clif Z Bar Kids	NEW Clif Z Bar Protein Chocolate Chip	1.27oz	36	130	20	2.5	15%	1	7%	9	25%	95	3	Calcium, Fiber
191101	Clif Z Bar Kids	NEW Clif Z Bar Protein Peanut Butter Chocolate	1.27oz	36	140	35	4	25%	1.5	10%	8	22%	95	3	Calcium, Fiber
191102	Clif Z Bar Kids	NEW Clif Z Bar Protein Chocolate Mint	1.27oz	36	130	25	2.5	19%	1	7%	9	25%	95	3	Calcium, Fiber
190004	Clif Z Bar Kids	Organic Chocolate Chip	1.27oz	36	120	30	3	25%	1	8%	12	33%	95	3	Fiber
190005	Clif Z Bar Kids	Organic Honey Graham	1.27oz	36	120	20	2.5	17%	0.5	4%	10	28%	95	3	Fiber
190002	Clif Z Bar Kids	Organic Peanut Butter	1.27oz	36	130	45	5	35%	1	7%	9	25%	180	3	Fiber
190003	Clif Z Bar Kids	Organic Chocolate Brownie	1.27oz	36	120	30	3.5	25%	1	8%	11	31%	135	3	Fiber
190012	Clif Z Bar Kids	Organic Iced Oatmeal Cookie	1.27oz	35	130	35	4	27%	1	7%	12	34%	115	3	Fiber
190008	Clif Z Bar Kids	Organic Smores	1.27oz	36	120	30	3.5	25%	1	8%	12	33%	85	3	Fiber
03143	Dole	Fruit Crisps-Apple Cinnamon	4oz	113	160	35	3.5	22%	0	0%	20	18%	20	2	
04350	Dole	Fruit Crisps-Pineapple Mango	4oz	113	150	30	3.5	20%	0	0%	20	18%	20	2	
03044	Dole	Mixed Fruit In 100% Juice	4.2oz	119	80	0	0	0%	0	0%	19	16%	5	1	1 Cup Fruit
04226	Dole	Mand.Oranges In 100% Juice	4.2oz	119	80	0	0	0%	0	0%	19	16%	10	<1	1 Cup Fruit
71941	Dole	Fruit Bowls-Red Grapefruit	7oz	198	130	0	0	0%	0	0%	28	14%	5	2	1st Ing Fruit
71966	Dole	Fruit Bowls-Peaches	7oz	198	130	0	0	0%	0	0%	29	15%	10	2	1st Ing Fruit

\*EXEMPTIONS: Nuts, Nut Butters, Eggs, Seeds, Cheese packaged for individual sale, fruit, non-fried vegetables, legumes are exempt

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74206	Dole	Fruit Bowls-Mandarin Oranges	7oz	198	140	0	0	0%	0	0%	32	16%	10	1	1st Ing Fruit
71924	Dole	Fruit Bowls-Mixed Fruit	7oz	198	130	0	0	0%	0	0%	29	15%	10	1	1st Ing Fruit
79088	Dole	Fruit Bowls-Tropical Fruit	7oz	198	110	0	0	0%	0	0%	25	13%	10	2	1st Ing Fruit
71971	Dole	Mixed Fruit in Blk. Cherry Gel	7oz	198	150	0	0	0%	0	0%	36	18%	45	2	1st Ing Fruit
72975	Dole	Peach Slices in Light Syrup	8oz	227	80	0	0	0%	0	0%	16	7%	10	1	1st Ing Fruit
39088	Dole	Tropical Fruit Salad in Juice	8oz	122	90	0	0	0%	0	0%	21	17%	0	1	1st Ing Fruit
30505	Dole	Pineapple Snack Wedges in Juice	8oz	122	60	0	0	0%	0	0%	13	11%	10	1	1st Ing Fruit
03187	Dole	Squish'ems Apple	3.1oz	90	60	0	0	0%	0	0%	13	14%	0	1	1st Ing Fruit
03188	Dole	Squish'ems Apple Strawberry	3.1oz	90	60	0	0	0%	0	0%	13	14%	15	1	1st Ing Fruit
03195	Dole	Squish'ems Apple Mixed Berry	3.1oz	90	60	0	0	0%	0	0%	13	14%	0	1	1st Ing Fruit
11052	Kellogg's	Rice Krispies Treat w Whole Grain 1.3oz COMING IN JULY!!!!!!	1.41oz	40	160	35	4	22%	1	6%	10	25%	120	<1	Whole Grain
	Kellogg's	CheezIt Made w/ Whole Grain 1oz COMING IN AUG!!!!!!	1oz	28	130	40	4.5	31%	1	7%	0	0%	200	2	Whole Grain
79263	Kellogg's	CheezIt Made w/ Whole Grain	.75oz	21	100	30	3.5	30%	1	9%	0	0%	150	1	Whole Grain
37949	Kellogg's	Kashi Chewy Granola Bar Honey Almond Flax	1.23oz	35	140	45	5	32%	0	0%	5	14%	105	4	Whole Grain
37947	Kellogg's	Kashi Chewy Granola Bar Trail Mix	1.23oz	35	140	45	5	32%	0.5	3%	6	17%	95	4	Whole Grain
37945	Kellogg's	Kashi Chewy Granola Bar Peanut Butter	1.23oz	35	140	45	5	32%	0.5	3%	5	14%	85	4	Whole Grain
77761	Kellogg's	Nutri-Grain Soft Bakes Banana Muffin	1.41oz	40	150	35	4	23%	0	0%	14	35%	85	2	Whole Grain
91423	Kellogg's	Kashi Hummus Crisps Sundried Tom,Bsl&Pta	.81oz	23	90	25	2.5	28%	0	0%	1	4%	150	3	1st Ing Protein
91420	Kellogg's	Kashi Hummus Crisps Caramelized Onion	.81oz	23	90	25	3	28%	0	0%	1	4%	150	3	1st Ing Protein
35902	Kellogg's	Nutri-Grain Strawberry	1.3oz	37	120	30	3	25%	0.5	4%	11	30%	125	3	Whole Grain
35802	Kellogg's	Nutri-Grain Raspberry	1.3oz	37	120	30	3	25%	0.5	4%	12	32%	110	3	Whole Grain
35602	Kellogg's	Nutri-Grain Apple Cinnamon	1.3oz	37	120	30	3	25%	0.5	4%	12	32%	110	3	Whole Grain
35702	Kellogg's	Nutri-Grain Blueberry	1.3oz	37	120	30	3	25%	0.5	4%	12	32%	110	3	Whole Grain
76590	Kellogg's	Special K Cracker Chips Honey BBQ	0.87oz	25	90	20	2	22%	0	0%	2	8%	180	2	1st Ing Veg
75519	Kellogg's	Special K Crkr Chps-Sea Salt	0.87oz	25	90	15	2	17%	0	0%	0	0%	190	3	1st Ing Veg
75520	Kellogg's	Special K Crkr Chps-Sr. Crm. Onion	0.87oz	25	90	15	2	17%	1	10%	1	4%	190	2	1st Ing Veg
75704	Kellogg's	Special K Crkr Chips-Cheddar	0.87oz	25	90	20	2.5	22%	0.5	5%	1	4%	190	2	1st Ing Veg
56923	Kellogg's	Special K Pastry Crisps-Straw.	0.88oz	25	100	20	2	20%	1	9%	7	28%	80	<1	
56925	Kellogg's	Special K Pastry Crisps-Blue.	0.88oz	25	100	20	2	20%	1	9%	7	28%	80	<1	
72442	Kellogg's	SK Pastry Crisps-Brwn Sgr Cinn.	0.88oz	25	100	20	2	20%	1	9%	7	28%	80	0	
12158	Kellogg's	Special K Bar-Red Berries	0.81oz	23	90	15	1.5	17%	1	10%	8	35%	85	3	
31806	Kellogg's	Special K Bar-Honey Nut	0.81oz	22	90	20	2	22%	0	0%	6	27%	100	3	
12226	Kellogg's	Cheez-It Reduced Fat	1.5oz	42	190	50	6	26%	1.5	7%	0	0%	350	<1	
52402	Kellogg's	Rice Krispies Treats-Original	2.13oz	60	250	60	6	24%	1.5	5%	21	35%	280	<1	
55122	Kellogg's	Whole Grain PopTart-Frosted Cinnamon	1.76oz 1pk	50	180	25	2.5	14%	1	5%	15	30%	190	3	Whole Grain
55130	Kellogg's	Whole Grain PopTart-Frosted Strawberry	1.76oz 1pk	50	180	20	2.5	11%	1	5%	15	30%	180	3	Whole Grain
08584	Kellogg's	Pop-Tarts Frosted Brown Sugar Cinnamon	1.76oz 1pk	50	210	60	7	29%	2	9%	15	30%	170	<1	
00498	Kellogg's	Pop-Tarts Frosted Strawberry	1.83oz 1pk	52	200	45	5	23%	1.5	7%	17	33%	170	1	
00499	Kellogg's	Pop-Tarts Frosted Blueberry	1.83oz 1pk	52	200	45	5	23%	1.5	7%	16	31%	170	<1	
00500	Kellogg's	Pop-Tarts Strawberry (Unfrosted)	1.83oz 1pk	52	200	50	5	25%	2	9%	13	25%	180	1	Whole Grain
50689	Kellogg's	Scobby Doo Graham Cracker Sticks	1oz	28	120	35	4	29%	1	8%	8	29%	115	1	Whole Grain

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55644	Kellogg's	Keebler Bug Bites Cinnamon Grahams	1oz	28	120	35	3.5	29%	1	8%	8	29%	115	1	Whole Grain
24518	Kellogg's	Crunchmania Cinnamon Bun	1.76oz	50	220	60	7	27%	2	8%	12	24%	230	2	
24520	Kellogg's	Crunchmania Bite Size French Tst.	1.76oz	50	210	60	7	29%	2	9%	13	26%	220	2	
40221	Kellogg's	Elf Grahams Cinn. Graham Snacks	1oz	30	140	40	4	29%	1	6%	8	27%	140	0	Whole Grain
00204	Medora Snacks	PopCorners Butter	1.1oz	32	140	35	3.5	25%	0	0%	1	3%	310	<1	
00206	Medora Snacks	PopCorners Sea Salt	1.1oz	32	140	30	3.5	21%	0	0%	0	0%	190	0	1st Ing Veg
00207	Medora Snacks	PopCorners Kettle	1.1oz	32	140	35	4	25%	0	0%	3	9%	110	<1	
00203	Medora Snacks	PopCorners Cheesy Jalapeno	1.1oz	32	150	50	6	33%	0.5	3%	1	3%	135	<1	
02674	Medora Snacks	Whole Grain PopCorners Memphis BBQ	1oz	28	110	30	3	27%	0	0%	3	11%	190	2	Whole Grain
02667	Medora Snacks	Whole Grain PopCorners Twisted Salt	1oz	28	110	30	3.5	27%	0	0%	0	0%	280	2	
02698	Medora Snacks	Whole Grain PopCorners Sweet Cinnamon	1oz	28	130	45	5	35%	0.5	3%	3	11%	30	1	Whole Grain
50230	Mr. Nature*	NEW Spicy Peanuts*	2oz	57	160	120	13	75%	2.5	14%	1	2%	410	2	
00002	Mr. Nature*	NEW Blue Sky Granola*	1.5oz	43	180	60	6	33%	2.5	13%	9	21%	65	3	Nuts/Exempt
50285	Mr. Nature*	Salted Almonds*	1oz	28	170	110	12	65%	1	5%	1	4%	40	3	Nuts/Exempt
50215	Mr. Nature*	Salted Peanuts*	1oz	28	170	130	14	76%	2	11%	0	0%	130	3	Nuts/Exempt
50200	Mr. Nature*	Seedless Raisins*	1oz	28	90	0	0	0%	0	0%	20	71%	7	20	Nuts/Exempt
01204	Mr. Nature*	Rice Cracker Mix*	1.5oz	42	165	0	0	0%	0	0%	1.5	4%	240	0	Nuts/Exempt
02013	Mr. Nature*	Unsalted Trail Mix*	1.1oz	31	130	60	7	46%	1	7%	5	16%	10	2	Nuts/Exempt
02009	Mr. Nature*	Unsalted Mix n Yogurt*	1.75oz	49.5	143	74	8	52%	2	13%	9	18%	6	2	Nuts/Exempt
02530	Mr. Nature*	Unsalted Trail Mix*	1.75oz	87	210	87.5	10.5	42%	1.75	8%	7	8%	17.5	7	
01107	Mr. Nature*	Unsalted Energizer Mix*	1.75oz	87	228	105	12.3	46%	3.5	14%	8.8	10%	8.8	3.5	
02230	Mr. Nature*	Unsalted Aloha Mix*	1.75oz	87	438	175	21	40%	7	14%	15.8	18%	45.5	7	
02007	Mr. Nature*	Selected Fruit Mix*	1.75oz	49.5	175	20	2	11%	0	0%	26	53%	53	2	Nuts/Exempt
50225	Mr. Nature*	Lightly Salted Peanuts*	2oz	114	340	260	28	76%	4	11%	0	0%	130	6	
21680	Pepperidge Farm	NEW 1oz Whole Grain Cheddar Goldfish	1oz												COMING SOON!
18105	Pepperidge Farm	Whole Grain Cheddar Goldfish	0.75oz	21	100	30	3.5	30%	1	9%	0	0%	170	1	Whole Grain
14396	Pepperidge Farm	Pretzel Goldfish	0.75oz	21	90	15	1.5	17%	0	0%	1	5%	300	<1	
15263	Pepperidge Farm	Giant Goldfish Grahams-Choc.	0.9oz	26	120	30	3.5	25%	1	8%	6	23%	120	1	Whole Grain
15094	Pepperidge Farm	Giant Goldfish Grahams-Cinn.	0.9oz	26	120	35	4	29%	1	8%	6	23%	110	1	Whole Grain
17331	Pepperidge Farm	Flavor Blasted G.Fish Racing Ranch	0.75oz	21	100	30	3	30%	1	9%	0	0%	190	<1	Whole Grain
17330	Pepperidge Farm	Flavor Blasted G.Fish H&SpyChDDR	0.75oz	21	100	30	3	30%	1	9%	0	0%	190	<1	Whole Grain
17835	Pepperidge Farm	Flavor Blasted G.Fish Kickin Ranch	1.5oz	43	200	60	6	30%	1.5	7%	0	0%	370	1	
17836	Pepperidge Farm	Flavor Blasted G.Fish H&SpyChDDR	1.5oz	43	200	60	6	30%	1.5	7%	0	0%	370	1	
13539	Pepperidge Farm	Goldfish Cheddar	1.5oz	43	200	60	7	30%	2	9%	1	2%	360	<1	
19061	Pepperidge Farm	Baked Naturals Multi-grain Cracker	1.75oz	50	230	80	8	35%	1.5	6%	9	18%	400	3	
19060	Pepperidge Farm	Baked Naturals 4 Cheese Cracker	1.75oz	50	230	80	9	35%	0	0%	5	10%	450	2	
19609	Pepperidge Farm	BN Cracker Chips- Cheddar	1oz	28	120	30	3	25%	0.5	4%	4	14%	240	2	
19608	Pepperidge Farm	BN Cracker Chips- Multi Grain	1oz	28	130	35	4	27%	0.5	3%	3	11%	200	2	
16188	Pepperidge Farm	Goldfish PhysEdibles-Lemon	0.9oz	26	120	35	4	29%	1	8%	6	23%	105	1	Whole Grain
16187	Pepperidge Farm	Goldfish PhysEdibles-Strawberry	0.9oz	26	120	30	4	25%	1	8%	6	23%	105	1	Whole Grain
10495	Sconza*	School Pack Gummy Bears*	2.25oz	64	200	0	0	0%	0	0%	20	31%	0	0	
10560	Sconza*	School Pack Sour Gummy Worms*	2oz	57	190	0	0	0%	0	0%	17	30%	4	9	Fiber
205188	Snak King	The Whole Earth Kettle Corn	1oz	28	130	45	5	35%	1	7%	6	21%	100	2	
274209	Snak King	The Whole Earth Spicy Nacho Chips	1.25oz	35	150	45	5	30%	0	0%	2	6%	150	3	Fiber
274235	Snak King	TWE Multigrain Chips w/Sea Salt	1.25oz	35	150	45	5	30%	0.5	3%	2	6%	130	3	Fiber

\*EXEMPTIONS: Nuts, Nut Butters, Eggs, Seeds, Cheese packaged for individual sale, fruit, non-fried vegetables, legumes are exempt

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**ALL ATNIP SCHOOL ITEMS - 250 CAL MAX UNTIL JULY. 200 CALORIE MAX AFTER JULY**  
Items listed meet 35-10-35 Standards



**STARTING JULY  
1, 2014,**  
Any Food Sold in Schools Must:

- Be a "whole grain-rich" grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber).\*
- Calorie limits:
  - Snack items: ≤ 200 calories
  - Entrée items: ≤ 350 calories
- Sodium limits:
  - Snack items: ≤ 230 mg
  - Entrée items: ≤ 480 mg
- Fat limits:
  - Total fat: ≤35% of calories
  - Saturated fat: < 10% of calories
  - Trans fat: zero grams
- Sugar limit:
  - ≤ 35% of weight from total sugars in foods



*It is important to note that although all items may not meet new school requirements, they ALL meet the 35/10/35 standards and are considered Healthy Snacks and Beverages great for Colleges, Healthy Accounts and More!*

Item #	Manufacturer	Item Name	Pack Size	Total Grams	Total Calories Max July 1, 2014 =200	Total Calories from Fat	Total Fat (g)	% Fat in cal. Max=35 %	Total Sat. Fat (g)	% Sat. Fat in cal. Max=10 %	Total Sugar (g)	% Sugar by wt Max=3 5%	Total Sodium (mg) Snacks ≤ 230 Entrees ≤ 350	Total Fiber (g)	2014/2015 K12 Approval & Reason
11868	Snikiddy	Mac N Cheese Puffs	.75oz	21	90	25	3.5	28%	1	10%	1	5%	145	1	
01787	Snikiddy	Baked Fries Cheddar Cheese	1oz	28	130	40	4.5	31%	0.5	3%	2	7%	180	1	
01800	Snikiddy	Baked Fries Hot & Spicy	1oz	28	130	40	4.5	31%	0.5	3%	2	7%	180	1	
11462	Snikiddy	Grilled Cheese Puffs	1oz	28	120	40	4.5	33%	1	8%	1	4%	190	1	
1012A	That's It!	That's It! Apple Apricot Bar*	1.2oz	35	100	0	0	0%	0	0%	23	66%	15	3	Fruit/Exempt
1012C	That's It!	That's It! Apple Cherry Bar*	1.2oz	35	100	0	0	0%	0	0%	22	63%	20	3	Fruit/Exempt
1012P	That's It!	That's It! Apple Pear Bar*	1.2oz	35	100	0	0	0%	0	0%	24	69%	15	3	Fruit/Exempt
1022S	That's It!	That's It! Apple Strawberry	1.2oz	35	100	0	0	0%	0	0%	17	49%	30	4	Fruit/Exempt
1022PIN	That's It!	That's It! Apple Pineapple	1.2oz	35	100	0	0	0%	0	0%	23	66%	25	5	Fruit/Exempt
1012M	That's It!	That's It! Apple Mango Bar*	1.2oz	35	100	0	0	0%	0	0%	23	66%	25	3	Fruit/Exempt
1012BL	That's It!	That's It! Apple Blueberry Bar*	1.2oz	35	100	0	0	0%	0	0%	19	54%	25	4	Fruit/Exempt
1012BA	That's It!	That's It! Apple Banana Bar*	1.2oz	35	100	0	0	0%	0	0%	22	63%	30	4	Fruit/Exempt
KM316	Vintage Italia	Pasta Chips Alfredo	1oz	28	120	35	4	29%	0	0%	0	0%	250	1	
KM312	Vintage Italia	Pasta Chips Garlic Olive Oil	1oz	28	120	35	4	29%	0	0%	0	0%	250	1	
KM314	Vintage Italia	Pasta Chips Marinara	1oz	28	120	35	4	29%	0	0%	1	4%	220	1	
KM310	Vintage Italia	Pasta Chips Mediterranean Sea Salt	1oz	28	120	35	4	29%	0	0%	0	0%	220	1	
KM318	Vintage Italia	Pasta Chips Spicy Tomato Herb	1oz	28	120	35	4	29%	0	0%	0	0%	230	1	

**\*EXEMPTIONS:**

- Nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruit,
- Fruit and non-fried vegetables are exempt from the sugar restriction.
- Dried blueberries, cranberries, cherries, and tropical fruit that contain added sugar are exempt from the sugar restriction.

**BEVERAGES**

SB 965 Compliant Beverages are: •2%, 1% or Non-fat milk, soy milk, rice milk or a similar non-dairy item  
•Water with no added sweetener •100% Fruit or Vegetable Juice with no added sweetener

00004	Vita Coco	Original Coconut Water	11.1floz	330	60	0	0	0%	0	0%	15	5%	45	0	100% Juice
00021	Vita Coco	Pineapple Coconut Water	11.1floz	330	80	0	0	0%	0	0%	20	6%	60	0	100% Juice
00020	Campbell's V8	V8 100% Vegetable Juice	5.5oz	167	30	0	0	0%	0	0%	5	3%	450	1	100% Juice
00004	Campbell's V8	V8 100% Vegetable Juice Spicy Hot	5.5oz	167	30	0	0	0%	0	0%	5	3%	450	1	100% Juice
15316	Campbell's V8	V8 100% Vegetable Juice	11.5oz	347	70	0	0	0%	0	0%	9	3%	920	3	100% Juice
04285	Campbell's V8	V8 100% Vegetable Juice Spicy Hot	11.5oz	349	70	0	0	0%	0	0%	10	3%	980	3	100% Juice
18867	Campbell's V8	V8 V-Fusion Pomegranate Blueberry Can	8oz	240	100	0	0	0%	0	0%	0	0%	95	0	100% Juice
18866	Campbell's V8	V8 V-Fusion Strawberry Banana Can	8oz	240	110	0	0	0%	0	0%	0	0%	70	0	100% Juice
19280	Campbell's V8	V8 V-Fusion Concord Grape Raspberry Can	8oz	240	140	0	0	0%	0	0%	0	0%	105	0	100% Juice
19746	Campbell's V8	V8 V-Fusion Sparkling Strawberry Lemonade Can	8.4oz	252	50	0	0	0%	0	0%	0	0%	40	0	100% Juice
19006	Campbell's V8	V8 V-Fusion Cranberry Blackberry PET	12oz	371	100	0	0	0%	0	0%	21	6%	90	0	100% Juice
16982	Campbell's V8	V8 V-Fusion Pomegranate Blueberry PET	12oz	371	100	0	0	0%	0	0%	22	6%	95	0	100% Juice
15855	Campbell's V8	V8 V-Fusion Strawberry Banana PET	12oz	371	110	0	0	0%	0	0%	24	6%	70	0	100% Juice
101948	Nestle Waters	Arrowhead Mt. Spring Water	16floz	473	0	0	0	0%	0	0%	0	0%	0	0	Plain Water
19542	Nestle Waters	Exotics Sparkling Water Mango Peach Pineapple (CAN)	12oz	355ml	0	0	0	0%	0	0%	0	0%	0	0	<60cal per 12oz
19534	Nestle Waters	Exotics Sparkling Water Key Lime (CAN)	12oz	355ml	0	0	0	0%	0	0%	0	0%	0	0	<60cal per 12oz
19530	Nestle Waters	Exotics Sparkling Water Strawberry Dragonfruit (CAN)	12oz	355ml	0	0	0	0%	0	0%	0	0%	0	0	<60cal per 12oz
19538	Nestle Waters	Exotics Sparkling Water Tangerine (CAN)	12oz	355ml	0	0	0	0%	0	0%	0	0%	0	0	<60cal per 12oz
28300	Welch's	100% Apple Juice	5.5floz	163	80	0	0	0%	0	0%	19	12%	15	0	100% Juice
28100	Welch's	100% Orange Juice	5.5floz	163	80	0	0	0%	0	0%	19	12%	20	0	100% Juice
20600	Welch's	100% Grape Juice	5.5floz	163	100	0	0	0%	0	0%	25	15%	10	0	100% Juice

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31600	Welch's	100% Apple Juice PET	10floz	296	140	0	0	0%	0	0%	35	12%	25	0	100% Juice
34400	Welch's	100% Orange Juice PET	10floz	296	150	0	0	0%	0	0%	36	12%	30	0	100% Juice
35400	Welch's	100% Grape Juice PET	10floz	296	180	0	0	0%	0	0%	45	15%	20	0	100% Juice
38200	Welch's	100% Apple Juice	11.5floz	340	160	0	0	0%	0	0%	39	11%	35	0	100% Juice
37900	Welch's	100% Orange Juice	11.5floz	340	170	0	0	0%	0	0%	41	12%	30	0	100% Juice
38000	Welch's	100% Grape Juice	11.5floz	340	200	0	0	0%	0	0%	51	15%	20	0	100% Juice

- SB 965 Compliant Beverages are:
- 2%, 1% or Non-fat milk, soy milk, rice milk or a similar non-dairy item
  - Water with no added sweetener
  - 100% Fruit or Vegetable Juice with no added sweetener

**ENTREES**

Item #	Manufacturer	Item Name	Pack Size	Total Calories ≤ 350	Total Fat (g)	Total Sodium (mg)	2014/2015 Approval
00126	Maruchan	Cal Vegetable Instant Lunch	2.25oz	290	11		
00143	Maruchan	Hot & Spicy Chicken Instant Lunch	2.25oz	290	11		
00115	Maruchan	Lime Shrimp Chili Instant Lunch	2.25oz	290	11		
M05000	Modern Oats	Apple Walnut Oatmeal	2.6oz	310	7		Whole Grain
M05020	Modern Oats	Chocolate Cherry Oatmeal	2.6oz	310	7		Whole Grain
M05030	Modern Oats	Goji Blueberry Oatmeal	2.6oz	310	7		Whole Grain
M05050	Modern Oats	Mango Blackberry Oatmeal	2.6oz	300	6		Whole Grain
M05040	Modern Oats	5 Berry Oatmeal	2.3oz	250	6		Whole Grain
M05010	Modern Oats	Nuts & Seeds Oatmeal	2.3oz	280	7		Whole Grain

No more than 350 calories

No more than 480 mg of sodium